

Breakfast Menu

HFIS

April
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday



Wednesday

1

**SPRING
BREAK!
SCHOOL
CLOSED**

Thursday

2

Friday

3

**SPRING
BREAK!
SCHOOL
CLOSED**

6 Egg and Cheese Sandwich Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice Fat Free Chocolate Milk Applesauce

7 WG Donut Egg and Cheese Sandwich Fresh Orange Fat Free Chocolate Milk 100% Apple Juice Applesauce

8 WW Honey Bun Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce

9 Cinnamon French Toast Syrup Fat Free Chocolate Milk 100% Apple Juice Applesauce Sausage and Cheese Sandwich

10 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Banana Bread Sliced

13 Fluffy Whole Grain Pancakes Sausage Patty Syrup Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice

14 Egg and Cheese Sandwich 100% Apple Juice Banana Bread Sliced Diced Peaches

15 Maple Mini Waffles Egg and Cheese Sandwich Fresh Apple Fat Free Chocolate Milk 100% Apple Juice Diced Peaches

16 Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Egg and Cheese Sandwich Diced Peaches

17 WW Honey Bun Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches

20 WW Honey Bun Sausage, Egg and Cheese Sandwich 100% Apple Juice Diced Pear Cup

21 Fluffy Whole Grain Pancakes Sausage Patty Syrup Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup

22 Egg and Cheese Sandwich WG Glazed Donut 100% Apple Juice Diced Pear Cup

23 Maple Mini Waffles Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup

24 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Diced Pear Cup

27 Fluffy Whole Grain Pancakes Sausage Patty Syrup Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup

28 Fat Free Chocolate Milk 100% Apple Juice Applesauce Soft Filled Cinnamon Toast Crunch Bar Egg and Cheese Sandwich Diced Pear Cup

29 Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Egg and Cheese Sandwich Diced Pear Cup

30 Egg and Cheese Sandwich Maple Mini Waffles 100% Apple Juice Diced Pear Cup



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

Breakfast: 1st meal no cost 2nd meal \$3.25
Adult \$5.25plus tax
Milk \$0.85

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Parfaits ~Milk ~Fruit / Fruit Juices. String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service director
Kathy Coakley 845-446-4914 ext 2890

