

Lunch Menu

HFIS

April 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

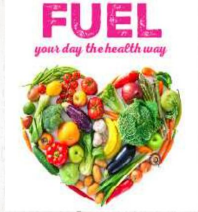
Monday

Tuesday

Wednesday

Thursday

Friday



1
SPRING BREAK!
SCHOOL CLOSED



6 Fluffy Whole Grain Pancakes Sausage Patty Syrup Oven Baked Fries Applesauce

7 Nachos Grande Side of Beans Fiesta Corn Salsa Fresh Orange Cinnamon Applesauce

8 Crispy Chicken Drumstick Brown Rice Fresh Orange Glazed Carrots

9 Nashville Hot Kickin' Chicken Sandwich Homemade Deli Style Coleslaw Oven Baked Fries Applesauce

10 Cheese Pizza Steamed Broccoli Sweet Potato Fries Fresh Orange

13 Homemade Mac & Cheese Dinner Rolls Steamed Peas Diced Pear Cup

14 Fiesta Taco Salad Black Beans Yellow Rice Mild Salsa Diced Pear Cup

15 Buffalo Chicken Sauce & Toss With Celery And Fresh Baby Carrots Oven Baked Fries Fresh Apple

16 Cheeseburger Crispy Potato Puffs Side Salad Diced Pear Cup Sliced Tomatoes

17 Cheese Pizza Diced Pear Cup Spinach Salad

20 French Toast Sausage Patty Baked Potato Wedges Fresh Orange

21 Two Cheese Grilled Cheese Meltdown Café Tomato Soup Grape Tomatoes Fresh Peach National Grilled Cheese Day

22 BLT Burger Homemade Grandma Style Potato Salad Buttered Corn Cobette Watermelon Slices National Picnic Day

23 Meatball Hero Oven Baked Fries Fresh Apple Confetti Garbanzo Bean Salad

24 Cheese Pizza Steamed Broccoli Sweet Potato Fries Fresh Orange

27 Homemade Mac & Cheese Dinner Rolls Steamed Peas Diced Pear Cup

28 Crispy Tacos Side Salad Salsa Fresh Apple Sauteed Corn & Black Bean Salsa

29 Cheesy Stuffed Bread Sticks Tomato Sauce Side Salad Diced Pear Cup

30 Yard Bird Classic Chicken Sandwich Diced Pear Cup Sweet Potato Fries



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Prices

First Meal no cost
2nd Meal: \$3.25
Adult: \$5.25 + tax
Milk: \$0.85

If you have any questions or would like more information, please



Kathy Coakley

Daily Lunch Offerings:

Fresh Vegetable sides
Grab and Go Sandwiches - Turkey/Ham with Or Without Cheese on WG breads, Entree Salads: Chicken Salads, Chef Salads. Garden Salads with Cheese (all served with WG Roll). Fruit Parfait with Granola. A variety of Fresh Fruits and Vegetables available daily.

